

This project was funded by the Community Support Levy through the
Tasmanian Government.

apricot chicken

PREPARATION

ingredients

- 1 kilo chicken [can be legs ,thighs ,or diced]
- 2 pkts french onion soup mix
- 1 tin apricot nectar
- ½ cup plain flour

method

- Mix flour and soup mix together
- Then cover chicken with the soup mixture
generously
- Place in baking tray - cover in apricot nectar then
cover
- Baking dish with foil place in oven at 170 degrees
for ¾ hour
- Serve with rice or vegetables

