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# beetroot dip

## PREPARATION

### ingredients

½ cup dry roasted cashews  
440g tin beetroot slices drained  
250g cream cheese  
2tbsp grated parmesan cheese  
2 tablespoon chopped coriander  
1 teaspoon chopped thyme

### method

Process cashews in food processor until finely ground add beetroot and process until pureed  
Add cheeses  
Process till well blended and smooth  
Fold in chopped coriander and thyme and season to taste  
Serve in bowl with crusty bread

