

This project was funded by the Community Support Levy through the Tasmanian Government.

# cheese muffins

PREPARATION - MAKES 12 MUFFINS

## ingredients

- |                            |                        |
|----------------------------|------------------------|
| 1 cup plain flour          | ½ cup sugar            |
| 1 ¼ teaspoon baking powder | ½ teaspoon mixed spice |
| ¼ teas bi- carb soda       | 1 cup of cheese        |
| 1/4 teaspoon salt          |                        |
| 2/3 cup milk               |                        |
| 1 beaten egg               |                        |

## method

- Preheat oven to 190 degrees
- Sift flour, baking powder, bi carb, salt and mixed spice then make a well in centre of mixing bowl
- Add 1 cup of cheese
- Add milk and egg mix together lightly until combined
- Place in to muffin trays and bake 15-20 mins

